

EXCELLENCE TOURNAMENT

CADETS/CADETTES

BERNARD TCHOULLOUYAN

ISTRES



SUNDAY DECEMBER 10, 2023

MULTIPURPOSE HALL
ALLEE JEAN FRANÇOIS CHAMPOLLION 13800 ISTRES



SUNDAY DECEMBER 10, 2023

MULTIPURPOSE HALL, ALLÉE JEAN FRANÇOIS CHAMPOLLION 13800 ISTRES

PROGRAM

- **Saturday December 9, 2023** (no weight tolerance)

Weigh-in for all categories from 5 p.m. to 7 p.m., random weigh-in possible on 10/12

- **Sunday December 10, 2023** (weight tolerance of 1kg)

Weigh-in from 7:30 a.m. to 8 a.m. for women -40kg, -44kgs, -48kgs and men -46kgs and -50kgs

Weigh-in from 9:00 a.m. to 9:30 a.m. for women -52kgs and -57kgs and men -55kgs and -60kgs

Weigh-in from 12:30 p.m. to 1 p.m. for women -63kgs and -70kgs and men -66kgs and -73kgs

Weigh-in from 2 p.m. to 2:30 p.m. for women +70kgs and men -81kgs to +90kgs

Only athletes who have paid their registration will be able to weigh themselves.

Female :
-40 kg, - 44 kg, -48 kg
Male :
-46 kg, -50 kg

- 7:30/8:00 am: Random weighing for athletes weighed the day before : 5% tolerance to exceed the weight
- 8:30am : Forecast start of fighting
- Final phases in continuity

Female :
-52 kg , -57 kg
Male :
-55 kg, -60 kg

- 9:00/9:30 am: Random weighing for athletes weighed the day before : 5% tolerance to exceed the weight
- 10:00 am Forecast start of fighting
- Final phases in continuity

Female :
-63kg, -70kg
Male :
-66kg, -73kg

- 12:30/1:00 pm : Random weighing for athletes weighed the day before : 5% tolerance to exceed the weight
- 1:30 pm: Forecast start of fighting
- Final phases in continuity

Female :
+70 kg
Male:
-81 kg, -90 kg, +90 kg

- 2:00/2:30 pm : Random weighing for athletes weighed the day before : 5% tolerance to exceed the weight
- 3:00 pm : Forecast start of fighting
- Final phases in continuity

Estimated end: 6:00 p.m.

- **SEX** : Female and male
- **YEARS OF BIRTH** : Cadets (2007/2008/2009)
- **NATIONALITY** : Open to all federations affiliated to the FIJ.
- **GRADES - LICENSE - PASSPORT - MEDICAL CERTIFICATE** :
 - Minimum green belt
 - Two years of FFJDA license including that of the current year.
 - Passport under 8 years old
 - Mandatory medical certificate (see FFJDA regulations)
 - For foreign competitors, an identity document as well as authorization from their federation will be requested.
- **REGISTRATION FEES** : €10/combatant
- For French athletes, registration by extranet until 07/12/2023,
- Foreign teams must register via the form before 07/12/2023.

**Payment is possible by transfer to the following IBAN: FR76 1130 6000 1048 1202 8374 268 with the wording "TEC + club name extranet format" or by check payable to the PACA Judo League at the following address:
Paca Judo League, Regional Sports Centre, Boulevard des Écureuils - 06210 Mandelieu.
Upon receipt of your payment your athletes will be registered as qualified for the tournament.**

Only athletes who have paid their registration will be able to be registered and will be able to weigh themselves.

- **WEIGHT CATEGORY:**

Women: -40 kg; - 44 kg; -48 kg; -52 kg; -57 kg; -63 kg; -70 kg; +70kg

Men: -46 kg; -50kg; -55 kg; -60 kg; -66 kg; -73 kg; -81 kg; -90 kg; +90 kg

- **ARBITRATION** : IJF Rules - White Judogi
- **FIGHT TIME** : 4 minutes
- **COMPETITION FORMULA** : 8 fighters and more: Double repechage table, 6 or 7 fighters: 2 groups + table (first 2 qualified for the ½ finals), less than 6 fighters: groups
- 8 combat surfaces.

THE FIRST 4 IN EACH CATEGORY WILL BE REWARDED

- **Hotel Première Classe Istres**

ZAC du Tube Retorier, Rue Régis Huillier, 13800 Istres - 04 42 56 38 81

[Website](#)

- **Ibis budget Istres Trigance**

Zac De Trigance, Chem. de Capeau, 13800 Istres - 08 92 70 05 85

[Website](#)

- **Ibis Istres Trigance**

Parc de Trigance, 10 Chem. de Capeau, 13800 Istres - 04 90 45 15 60

[Website](#)

INFORMATION

LIGUE PACA DE JUDO

4 RUE RANQUE 13001 MARSEILLE

LIGUEPACA-SUD@FFJUDO.COM

TECHNICAL MANAGER: PHILIPPE BLANQUET/07.61.43.49.67

ADMINISTRATIVE MANAGER (REGULATIONS): 04.93.39.71.85